

Nutritional Aspects of Bone Health -2nd Edition

Forthcoming Title
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Following
the success of the
1st Edition of NAOBH,
the 2nd Edition
is now coming out
in late 2009/
early 2010



Nutritional Aspects of Bone Health provides an in-depth review of the role of diet in the development and maintenance of bone health throughout the lifecycle, and prevention of osteoporosis in later life. The book is multi-authored by the world's leading researchers in this area, who have come together to formulate the second edition following the success of the first ever textbook on nutritional aspects of bone health. This includes the current and cutting edge science underpinning the prevention of bone disease.

The book is targeted at a number of key audiences. Whilst there is a focus on the academic research world and those principally involved in education, at both undergraduate levels, the book will also be of considerable interest to those participating in the treatment and prevention of osteoporosis, namely those working in the medical and health promotion fields. Furthermore, this book will be of particular interest to the food industry as the popularity of foods designed to target specific health issues increases, and nutritional therapy has a critical role to play in this major public health problem.

Examples of key areas to be covered:

Calcium, vitamin D, vitamin K, protein, phosphorus Acid-base, potassium, magnesium, sodium Trace elements, vitamin A, folate and vitamin B complex, soy isoflavones Physical activity, gene:nutrient interactions, food groups, weight reduction, cost effectiveness of supplements.

Title: Nutritional Aspects of Bone Health (2nd Edition)

Editors: Dr Susan Lanham-New, University of Surrey and Professor Jean-Philippe Bonjour, University of Geneva

Foreword: Professor Graham Russell, University of Oxford

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